



YOUTH SUMMER GIVEAWAY

Attend workshops for the chance to win an Apple iPad!

1

Register

Visit bostoncil.org/youth-services for the registration link.

2

Attend

One workshop/community day attended = 1 entry into our giveaway.

3

Check your email

Winner will be emailed on August 23rd and can come to our office to pick up their prize.





Learner's Permit Prep Group: Study for Your Permit Test with BCIL!

**Fridays on Zoom
July 12 - August 30
4 - 5 PM**



Info Session

Date: Monday, Jul 8, 2024

Time: 5-5:30 PM

Virtual: On Zoom

Manual Pickup (Optional)

Location: 60 Temple Place
5th Floor, Boston MA 02111

Limited supply: First 15
people only

Register by July 8:



**Questions?
Contact Liz at
ewalters@bostoncil.org for
more info**



YOUTH SUMMER WORKSHOPS

Want to learn skills to live independently in the community? Attend our workshops and community days!

Workshops

Participate in hands-on lessons and activities to learn about:

- How to get a job
- Money skills
- College & trade school
- Housing & apartment living
- Disability identity
- Self-advocacy
- And much more!



Community Days

Meet up at the BCIL office & travel into the community together to explore:

- Boston City Hall
- A grocery store
- MA State House
- The Museum of Science
- The MBTA Mobility Center
- An assistive technology demo

Register here:



JULY 8 - AUGUST 22 2024

HYBRID: IN-PERSON AND VIRTUAL OPTIONS

STUDENTS 14-22 WITH ALL DISABILITIES WELCOME

For more information contact ewalters@bostoncil.org
or visit our website at bostoncil.org/youth-services

July 2024

Monday	Tuesday	Wednesday	Thursday
Latinx x Disability Identity (English & Spanish) 8 10 - 11:30 AM	Queer x Disability Identity 9 1 - 2:30 PM	BIPOC x Disability Identity 10 10 - 11:30 AM	Community Day: Visit Boston City Hall 11 10 AM - 1 PM
Introduction to Budgeting 15 10 - 11:30 AM	How to go Grocery Shopping 16 1 - 2:30 PM	Community Day: Visit Roche Bros Grocery Store 17 10 AM - 1 PM	Basic Cooking Skills 18 10 - 11:30 AM
Understanding your IEP 22 10 - 11:30 AM	Exploring Options After High School 23 1 - 2:30 PM	Community Day: Visit a College Campus 24 10 AM - 1 PM	Planning for College 25 10 - 11:30 AM
Making a Career Plan 29 10 - 11:30 AM	Creating a Resume 30 1 - 2:30 PM	Community Day: Visit the State House 31 10 AM - 1 PM	

August 2024

Monday	Tuesday	Wednesday	Thursday
			Overcoming Workplace Worries 1 10 - 11:30 AM
How to Apply for Jobs 5 10 - 11:30 AM	Staying Organized 6 1 - 2:30 PM	Community Day: Visit the Museum of Science 7 10 AM - 1 PM	Interview Skills 8 10 - 11:30 AM
Self-Advocacy & Care 12 10 - 11:30 AM	Disability Disclosure & Accommodations 13 1 - 2:30 PM	Community Day: Visit Easterseals Assistive Tech Demo 14 10 AM - 1 PM	Disability Advocacy 15 10 - 11:30 AM
Banking 101 19 10 - 11:30 AM	Housing Options 20 1 - 2:30 PM	Managing an Apartment 21 10 - 11:30 AM	Community Day: Visit the MBTA Mobility Center 22 10 AM - 1 PM

Times:

10 - 11:30 AM

1 - 2:30 PM

10 AM - 1 PM

All BCIL's Youth summer programs are **FREE**.

ALL workshops are **hybrid** with in person and virtual options, **except on Community Days**.

Students are welcome to join all groups or pick and choose which they would like to attend!

Eligibility:
Ages 14-22 with a documented disability. Must attend high school or a post-secondary program.

Register here:





Boston PEERS®

Social Skills Program, LLC

Supporting teens/young adults who:

want to make friends, but have trouble connecting with others

feel awkward or anxious and are struggling with social interactions

are motivated to improve their social skills to make and keep friends!



PEERS® is for Teens (ages 12 – 17) and young adults (ages 18-25) who have:

Social pragmatic communication challenges

Autism Spectrum Disorder (ASD)

Attention Deficit Hyperactivity Disorder (ADHD)

Social anxiety or behavioral challenges

Parents/caregivers are required to attend a weekly Zoom session.

Participants learn to:

- *initiate, maintain, and exit conversations on a variety of topics*
 - *choose appropriate peers for friendships*
 - *schedule and host successful gatherings*
- *navigate and appropriately use electronic communication*
 - *manage conflicts and resolve disagreements*
- *handle bullying, teasing, and rejection and more*
 - *dating for young adults!*

NOW ENROLLING!
www.bostonpeers.com



DISCOVER GREATNESS THROUGH SERVICE.



EPIC'S MISSION

Empowering People for Inclusive Communities (EPIC) prepares young people with disabilities to be actively engaged community leaders while eliminating ableism to equip the world for today's disabled leaders.

"We do not tremble in the face of adversity, instead we embrace our abilities, build community, and challenge other's perceptions of people with disabilities"

-EPIC Service Warrior

For more information, or to get involved with EPIC, contact:

EPIC
89 South Street, Suite 600
Boston, MA 02111
(617) 917-5181
info@epicleaders.org
www.epicleaders.org



EPIC PROGRAMS

EPIC Service Warriors is a competitive, one-year community service and leadership development program for youth with disabilities between the ages of 16-23. By creating the change they want to see in the world the Service Warriors learn more about local communities and develop practical skills that will help them develop as leaders and pursue future goals. EPIC has Service Warrior teams proudly serving in Boston and Worcester, Massachusetts.

EPIC Training & Consulting works to address ableism and build inclusion across sectors in order to meet EPIC's mission. EPIC's unique trainings provide professionals the opportunity to explore topics such as disabilities, ableism, and inclusion. Through training and consulting, EPIC works with organizations to increase the inclusion of people with disabilities in their services and workforce.

Additionally, EPIC's youth trainings are designed to support teens and young adults with disabilities to learn more about the topics of leadership, disabilities, self-advocacy, ableism, and goal setting.



DISCOVER GREATNESS THROUGH SERVICE

WHO ARE THE EPIC SERVICE WARRIORS?

EPIC Service Warriors is a community service and leadership development program for youth with disabilities between the ages of 16-23. The EPIC Service Warriors meet for one year to participate in community service projects and leadership development workshops in the Greater Boston and Worcester areas. By creating the change they want to see in the world, the Service Warriors learn more about their local communities and develop both knowledge and practical skills that will help them pursue future goals. **We believe that every young person has a Warrior within!**



"People think that because I have a disability I can't do things. I like being an EPIC Service Warrior because it shows others that I am a leader and I can create change!"



"The most important thing I learned as an EPIC Service Warrior is that I don't need to be afraid to speak up. I have found my voice."



WHEN DOES THE PROGRAM START? FOR HOW LONG WILL IT GO?

The EPIC Service Warrior Program is a one-year leadership development and service learning program. Service Warriors participate in an Orientation, Opening Ceremony, a minimum of 12 community service projects, and 10 leadership development workshops in the Greater Boston and Worcester Areas, culminating in a graduation celebration.

WHO CAN JOIN?

Any young person between the ages of 16 to 23 with a disability in the Boston or Worcester Area.

HOW DO I APPLY?

Applications for the 2025-2026 Service Warrior Teams will be released in the fall of 2024.

To learn more about EPIC and our Service Warrior Program please visit epicleaders.org



EPIC
89 South Street, Suite 600
Boston, MA 02111
(617) 917-5184
warriors@epicleaders.org
www.epicleaders.org

Proud to be part of
triangle



SKILLS . JOBS . CAREERS



PARTNER WITH JVS TO PURSUE EMPLOYMENT

At JVS, we meet job seekers where they are in life & partner with them to develop skills for in-demand jobs and promising careers.

We partner with people from all backgrounds including people with disabilities, immigrants & refugees, and other groups. We offer programs & services in three main areas: education, skills training, and career coaching.

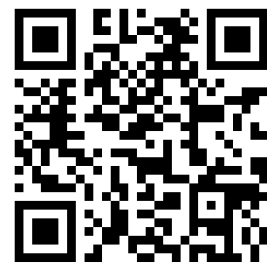
Programs for the Disability Community Include:

Transitions to Work: extensive training program that enables 16 to 35 year olds with disabilities to train for careers on-site TTW students receive the training & one-on-one career coaching they need to start successful careers.

Career & Community Access: program that provides daily career and community access training for young adults living in Greater Boston.

1:1 Career Coaching: we provide relentless support for career seekers in partnership with the Department of Developmental Services, Massachusetts Rehabilitation Commission, The Department of Transitional Assistances, CJP, and others.

Workforce Training: we offer credential training programs for people who want to pursue careers as certified nursing assistants, pharmacy technicians, and more.



Contact our Disability Services team to learn more and apply for a program!

JVS Boston
75 Federal Street, 3rd Floor
Boston, MA 02100



TRANSITIONS TO WORK

Transitions To Work (TTW) is an extensive training program that enables 16 to 35 year olds with disabilities to train for careers on-site at employers like CVS Health, Boston Children's Hospital, and Spaulding Rehabilitation Hospital. TTW students receive the training and one-on-one career coaching they need to start successful careers.

To apply for this program, scan this QR code and fill out the application form!



<https://www.jvs-boston.org/our-services/disability-employment-transitions-work/transitions-to-work/>

JVS BOSTON'S APPROACH

At JVS, we meet job seekers where they are in life and partner with them to develop skills for in-demand jobs and promising careers. We provide career advancement opportunities for everyone — including people with disabilities, immigrants & refugees, and anyone wants to advance their career. We offer programs & services in three main areas: education, skills training, and career coaching.



SKILLS . JOBS . CAREERS

JVS Boston
75 Federal Street, 3rd Floor
Boston, MA 02100

MEET OUR METRO OFFICERS



Matthew Bander

Chairperson

I advocate to help MASS advocate for us, to help advocate at the State House, to help my friends advocate if they would not be able to advocate.



Will Fahey

Secretary

I advocate to let people know what I want them to know what I have been up to and helping by leading a voice to help people who have disabilities.



Katherine Sally

Treasurer

I advocate because I would like to stand up for their rights and also I would like to advocate for the people who have been through a tough situation at worksites.



Adner Martinez

Sergeant at Arms

I advocate to support others and to help other people in need.

WEAREMASS.ORG



Massachusetts Advocates Standing Strong



Massachusetts Advocates Standing Strong (MASS) is a statewide 501(c)3 non-profit advocacy organization that empowers people with disabilities, particularly people with intellectual and/or developmental disabilities, to speak up for their rights. The organization empowers people through education to advocate and make choices that improve and enrich their lives. The MASS Board is made up of people with disabilities that lead the organization to ensure there is 'Nothing About Us Without Us'!

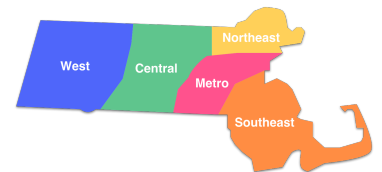
MASS believes that:

1. Everyone has the same rights.
2. Rights and responsibilities go together.
3. Everyone should be treated equally.
4. People should have the same opportunities to make their own decisions and choices.
5. People should have the support they need.
6. Everyone is important.
7. People should speak out for themselves and each other.
8. People should stand by each other to make things better in their lives.



MASS Programs/Activities Include:

- **Regional self-advocacy groups** meet to discuss issues important to them, such as: how to speak up, advocate for themselves, and take action on issues affecting their lives and community. MASS works across 5 Regions: Metro, Southeast, Central, Northeast, and West <https://www.wearemass.org/all-regions>
- **Trainings** such as the [Self-Advocacy Leadership Series \(SALS\)](#), Voting (mail in and in-person), Awareness & Action (A&A - about abuse), Service Coordinator Institute, Health Self-Advocacy, Supported Decision-Making (SDM), and more!
- **Rainbow Groups** and related programs for self-advocates with intellectual and/or developmental disabilities who identify as LGBTQ+.
- **Community Action** such as advocating for [SDM](#), meeting at the State House, and calling legislators to educate them on issues important to the disability community.
- **The Annual "Your Ideas Count" Self-Advocacy Conference:** www.wearemass.org/annual-conference



At MASS, we help people learn how to advocate for themselves, both with and without support.

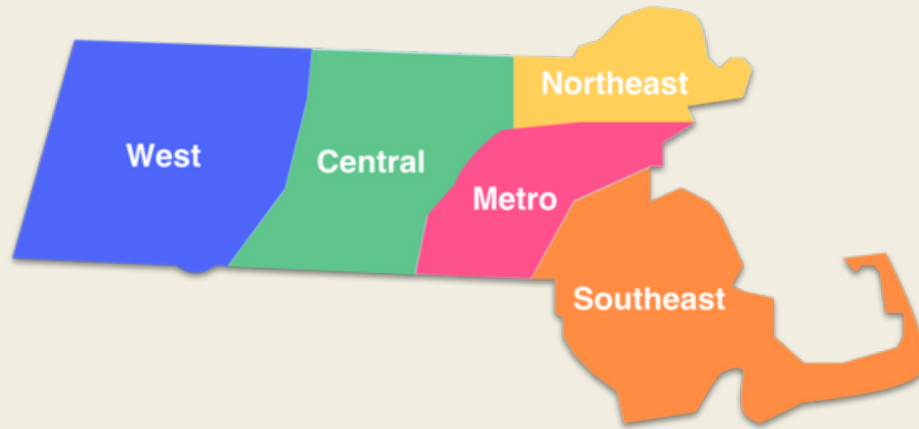
For the most current event information please go to www.wearemass.org/events. We welcome people with disabilities interested in self-advocacy to join our monthly meetings. We look forward to collaborating with you!

You can contact us through our website by going to www.wearemass.org/contact or you can email us at info@wearemass.org or call 857-360-0134.

If you would like to subscribe to our email and newsletter please sign up by going to this link: <https://www.wearemass.org/subscribe>

Statewide

DROP IN



Statewide Drop-in meetings will be open to **self-advocates from all the Massachusetts Regions and Massachusetts Rainbow groups**. This is an opportunity for self-advocates to work together across regions, have fun, and support one another.

When?

The Second Thursday of each month on
zoom 5:30 PM to 7:00 PM

The Fourth Wednesday of each month on
zoom 4:30 PM to 6:00 PM

wearemass.org



HOW WE CAN ✨ HELP?

Help is available in English, Spanish, Hindi, Nepali, and Mandarin

→ Financial Readiness

We provide you with the tools to **take control** of your personal finances, and assist **exploring ways to pay for college or career school.**

→ Career Exploration

We can assist you **match your interest and skills with potential job opportunities** and figure out how to make your dreams a reality.

→ High School Equivalency

Don't have your high school diploma? We'll help you **register for GED or HISET** classes to start your journey.

→ College Admissions

We help you **fill out your applications, apply for financial aid and scholarships.** We can also link you to resources to help you success in college or career school.

How Do I Qualify?

- Live In Massachusetts
- 14 years or older
- Lesser Income and/ or first to go to college in your family
- Desire in pursuing a college or career program

Scan the Code to Get Free Services to further your Education and Career





¿COMO LE PODEMOS AYUDAR?

La ayuda esta disponible en varios idiomas: Inglés, español, español, hindi, nepalí y mandarín.

→ Preparación Financiera

Le brindamos **las herramientas para tomar control** de sus finanzas personales y lo ayudamos a **explorar maneras para pagar la universidad or una carrera.**

→ Exploración de Carrera

Podemos ayudarlo a **combinar sus intereses y habilidades con posibles oportunidades laborales** y descubrir cómo hacer realidad sus sueños.

→ Equivalencia de Educación Secundaria

Usted no tiene diploma de la escuela secundaria? Nosotros le podemos ayudar para la **matricula del GED o HISET** y ayudar para su carrera.

→ Admición para la universidad

Le podemos ayudar con las **solicitudes de admición, solicitar la ayuda financiera y dar información sobre becas.** También le podemos referir a recursos que le ayudaran a tener éxito en su carrera y estudios en la universidad.

¿Cómo califico para los servicios?

- Vivir en Massachusetts
- Tener 14 años o más
- Menores ingresos y/o el primero en ir a la universidad en su familia
- Deseo de seguir un programa universitario o profesional.

Escanee el código para obtener **Servicios Gratuitos** fque le permitan **avanzar en su educación y carrera.**



TRiO

Financiado por el Departamento de Educación de EE.UU.



我们可以提供 哪些帮助？



提供英语、西班牙语、中文、印度语和尼泊尔语帮助

→ 大学入学申请

我们将协助你填写大学入学申请、助学金和奖学金申请。我们还可以提供可以帮助你在大学或职业学校学习取得成功的资源。

→ 职业探索及规划

我们可以帮助你将兴趣、技能和潜在的工作机会相匹配，并规划如何将你的职业梦想变成现实。

→ 高中同等学历

没有高中毕业？我们将帮助你注册GED或HISET课程（成人高中教育）开始你的再教育旅程。

→ 个人财务管理

我们为你提供管理个人财务的工具，并协助探索支付大学及职业学校费用的途径。

获得免费服务的资格：

- 马萨诸塞州居民
- 14岁或以上
- 收入较低和/或家中首位上大学者
- 有追求大学教育或职业提高的愿望

扫描二维码以获取免费服务，
进一步提升你的教育和职业！



TRiO

美国教育部拨款项目

Gratis

Orientación Universitaria, Profesional y de Ayuda Financiera



SOBRE NOSOTROS

El Centro de Educación y Planificación de MassEdCO es un programa de éxito postsecundario en Boston, Massachusetts. Brindamos orientación personalizada a estudiantes de secundaria de Massachusetts y adultos que buscan educación más allá de la secundaria.

Explorando
Opciones
Universitarias
y
Profesionales

Recursos
de Becas

Asistencia
para
Ayuda
Financiera

Educación
Financiera y
Planificación



MassEdCO

Boston Area Education
& Career Planning Center





My Ombudsman

Need help with your MassHealth benefits? We're here for you.

What My Ombudsman Does

We help you when you need assistance getting a covered service or benefit from MassHealth.

How My Ombudsman Works



Information: We answer questions about your MassHealth benefits and explain your rights and responsibilities as a MassHealth member.



Solutions: We help explain denial letters, address problems accessing your health coverage, and more.



Communication: We talk with you, your health care providers, and your MassHealth plan so that everyone understands what you need.

How to Contact Us

Helpline: 855-781-9898

(English, Spanish, Haitian Creole, Mandarin, and other languages)

Videophone: 339-224-6831 (For Deaf and Hard of Hearing)



info@myombudsman.org



myombudsman.org

Monday through Friday 9am to 4pm



SIDEWALK ACCESSIBILITY PILOT PROGRAM



Youth Transition and Workforce Development Professionals

Participate in research to address community mobility and advocacy skills for youth with disabilities

Instructor led online modules for youth aged 18-25 designed to:

1. **Develop skills and knowledge** of ADA policy and sidewalk accessibility
2. **Facilitate Self-Advocacy** and civic engagement to inform community leaders about sidewalk accessibility
3. **Collect data** about sidewalk accessibility within your own community by using web-based tool, [Project Sidewalk](#)
4. **Explore career opportunities** related to skills and knowledge of accessibility and civic engagement

FOR INSTRUCTORS AND FACILITATORS

- Facilitate five online modules
- Complete 15 minute pre-curriculum and post-curriculum surveys
- Attend 1 hour feedback forum at conclusion of program
- Receive \$100 honorarium

FOR STUDENTS

- Participate in program
- Complete pre- and post- program questionnaire
- Receive \$25 Amazon gift card at conclusion of program

SUPPORT

- Support available from project team at any time
- Optional bi-weekly peer-to-peer forum for instructors

All instructors and students will complete all required IRB consent forms and a pre-and post- program questionnaires. Participation is voluntary and all participants can conclude their participation at any time.

AT A GLANCE

Five online modules with lesson plans and activities intended to complement existing youth transition or workforce development programs.

Directly Aligns with Post- Secondary Goals

- Independent Living
 - Self-Determination
 - Self-Advocacy
 - Transportation & Mobility
- Special Education Program Indicator 14

FOR INFORMATION

CONTACT

Dr. Judy Shanley
jshanley@easterseals.com

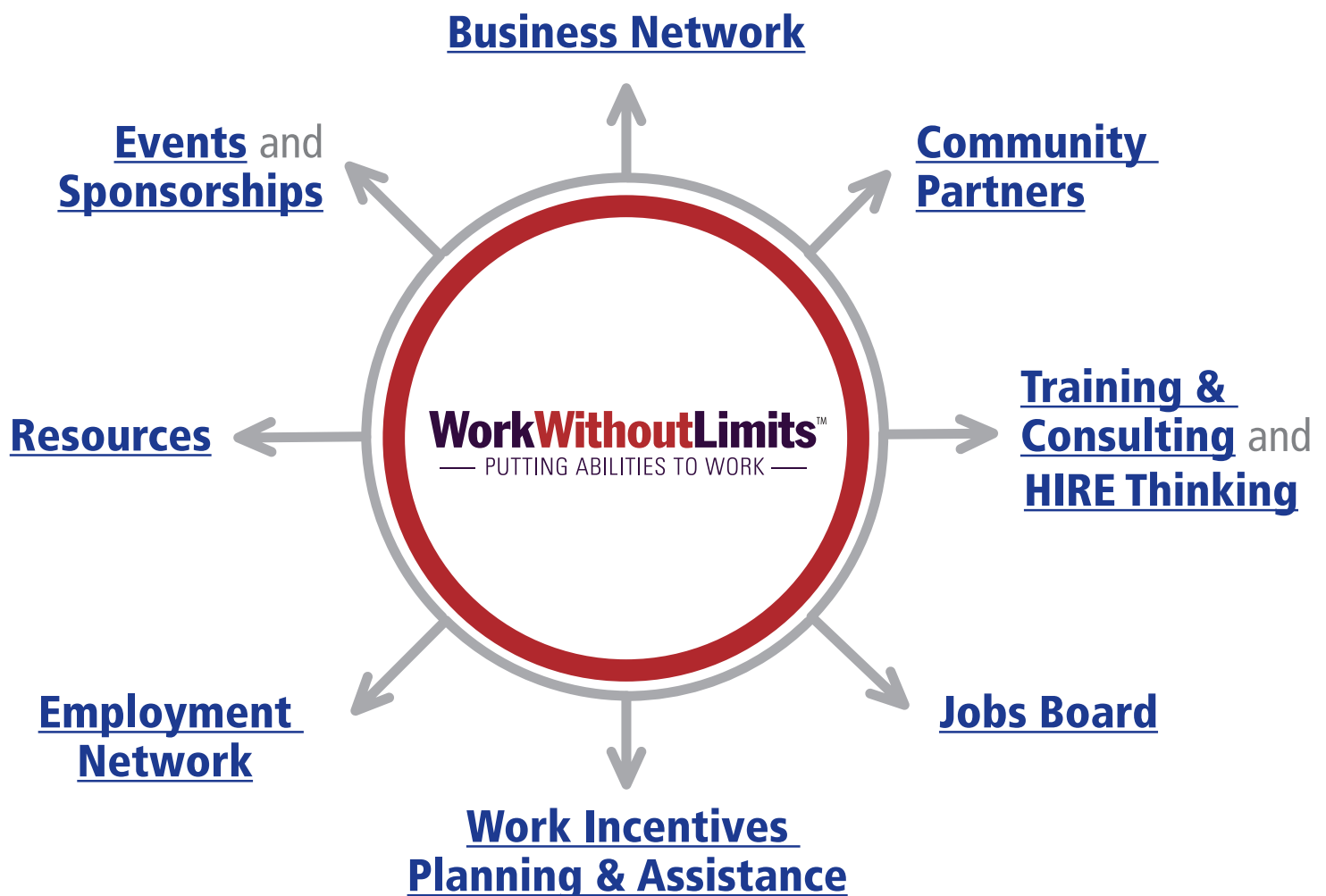
Lauren Frame
Lfram2@uic.edu

Advancing Disability Inclusion in the Workplace

Work Without Limits is a network of employers, educational institutions, employment service providers, and government agencies.

Through collaboration and partnership, our goal is to increase the employment of people with disabilities until it is equal to those without disabilities.

Work Without Limits programs and services are geared to meet the needs of businesses that actively recruit people with disabilities, individuals with disabilities who are seeking jobs, and the employment providers that serve them.



BUSINESS NETWORK

The Work Without Limits Business Network is a consortium of private and public sector employers committed to the inclusion of people with disabilities as employees, customers, and suppliers.

Work Without Limits offers members opportunities to share best practices and build confidence and success when including people with disabilities in their workplaces.

BENEFITS COUNSELING

Our Benefits Counseling service specializes in assisting individuals to understand how earned and unearned income affects eligibility for public benefits such as SSI, SSDI, Medicaid, Medicare, SNAP, TANF, and Subsidized Housing. We provide two no-cost benefits counseling services:

- Our [Work Incentives Planning and Assistance](#) (WIPA) program provides benefits counseling services to Social Security beneficiaries who are working or actively seeking employment.
- Our [Employment Network](#) (EN) offers on-going benefits counseling to support Social Security beneficiaries who have a long-term employment goal (3-5 years) of being independent of Social Security disability benefits. Our EN also provides the administrative functions that allow community-based organizations and state agencies to access payments through the Social Security Ticket to Work program.



PROGRAMS AND SERVICES

TRAINING AND CONSULTING

Work Without Limits provides:

- **Disability Inclusion trainings** for employers to build their capacity to successfully include individuals with disabilities in their workplaces.
- **Public Benefits and Employment trainings** for employment service providers to address some of the biggest employment challenges that people with disabilities face.

HIRE THINKING

HIRE Thinking is the innovation component of Work Without Limits. Our team collaborates with state and national disability employment organizations, speaks at industry events, awards outstanding models of inclusion, and creates, participates in, and evaluates pilot programs that further Work Without Limits' mission.

SPONSORSHIPS

Promote your brand as a disability inclusion leader and contribute to impactful opportunities, events, and inclusive change for individuals with disabilities.



COMMUNITY PARTNERS

Work Without Limits forms partnerships with organizations that provide employment services to individuals with disabilities such as colleges and universities, state agencies, and community-based organizations.

JOBS BOARD

A virtual gateway for job seekers with disabilities and employers looking to hire. Thousands of candidates and job postings are updated on a daily basis.

RESOURCES

Work Without Limits offers resources including toolkits, videos, quick tips and fact sheets aimed at increasing knowledge, skills, and the application of best practices.

EVENTS

Work Without Limits offers educational and networking events for employers, service providers, and individuals with disabilities.

CONNECT WITH US!

Work Without Limits connects Business Network member companies to qualified candidates with disabilities and the organizations that support them through a private invitation-only LinkedIn group and career and networking events.

[Connect with us today!](#)

1-877-YES-WORK (937-9675)

WorkWithoutLimits.org

Follow Us



*for*Health[™] at UMass Chan
CONSULTING Medical School

WorkWithoutLimits[™]
— PUTTING ABILITIES TO WORK —

Work Without Limits, an initiative of ForHealth Consulting at UMass Chan Medical School, is a network of engaged employers and innovative, collaborative partners whose shared mission is to increase the employment rate of people with disabilities. Our goal is for the employment rate of people with disabilities be equal to that of people without disabilities.

© 2023 UMass Chan Medical School